

# PSHE Pathway



	Autumn	Spring	Summer
<p><b>Our Values:</b> positivity courage perseverance love nurture</p> <p><b>Our Rules:</b> be kind, be positive, be polite</p>			
Themes	Relationships	Living in the Wider World	Health and Well-Being
Growth Mindset Mantras to reinforce	<p>We remember that our brains are making new connections and growing all the time. <a href="#">Dojo</a></p> <p>We are not afraid of making mistakes – we can learn from them. Green means growth. <a href="#">Dojo</a></p>	<p>The power of yet - We can't do it yet.- <a href="#">Dojo</a></p> <p>We never give up – perseverance is the key if we are to succeed. <a href="#">Dojo</a></p>	<p>We challenge ourselves and take risks.</p> <p>We learn from each other.</p> <p><a href="#">Dojo 1</a></p> <p><a href="#">Dojo 2</a></p> <p><a href="#">Dojo 3</a></p>
Enrichment weeks and visits	<p>Feeling Good week</p> <p>Anti-bullying week</p> <p>Road safety day</p> <p>NSPCC Pants are Private Assembly</p> <p>Fire Safety Talk –Year R and Year 2</p>	<p>Internet safety day</p> <p>Internet safety talk for Parents</p> <p>Nurse visit- hand washing</p> <p>Global recycling Day</p>	<p>Healthy Living week</p> <p>Earth Day</p> <p>Endangered animal assembly by David Shepherd Wildlife Trust</p> <p>First aid training</p> <p>Dentist visit</p>
Nursery	<p>To begin to understand school rules and values.</p> <p>To begin to make friends</p> <p>Play with one or more other children, extending and elaborating play ideas.</p> <p>Show more confidence in new social situations</p>	<p>Develop their sense of responsibility and membership of a community.</p> <p>Begin to understand how others might be feeling.</p> <p>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</p> <p>Understand the key features of the life</p>	<p>To become more outgoing with unfamiliar people, in the safe context of their setting.</p> <p>To be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.</p> <p>To begin to show an awareness of hygiene practices.</p>



## PSHE Pathway

	Begin to make sense of their own life-story and family's history.	cycle of a plant and an animal. Begin to understand the need to respect and care for the natural environment and all living things. To begin to understand how to stay safe online.	To begin to understand how they can stay healthy by make healthy choices about food, drink, activity and tooth brushing.
Reception	To understand the school rules and values. To develop a positive sense of themselves and others. To form positive relationships and develop respect for others. To develop social skills and learn how to manage their feelings. To understand appropriate behaviour in groups. To have confidence in their own abilities.	To make sense of their physical world. To make sense of their community. To use opportunities to observe and explore. To find out about people, places, technology and the environment. To begin to understand how to stay safe online. Talk about the lives of the people around them and their roles in society.	To work and play cooperatively and take turns with others. To form positive attachments to adults and friendships with peers; To show sensitivity to their own and to others' needs. To begin to show an awareness of hygiene practices. To manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.
EYFS RSE Vocabulary	Private parts, dress, undress, clean, dirty, towel, hands, toothpaste, hairbrush, comb, family, mum, dad, brother, sister, grandma, granddad, stepmum, stepdad		
Year 1	To understand and follow the school rules and values. To understand the roles of different people and that there are different types of families.	To understand what rules are and why we follow them. To know how to care for others and support their needs. To know how and why we care for the environment.	To know how to keep healthy based on food and exercise. To understand some hygiene routines including sun safety. To recognise what makes them unique and special.

# PSHE Pathway



	<p>To understand they should feel cared for and care for others.</p> <p>To understand what privacy is and to seek permission for things.</p> <p>To understand that their behaviour affects others and how to be polite and respectful.</p>	<p>To know how to use online services to communicate and do this safely.</p> <p>What are your strengths and interests? Does this link to any jobs in your local community? What jobs are available?</p>	<p>To learn how to manage their emotions when things go wrong.</p> <p>To learn ways of keeping safe online.</p> <p>To understand how rules and age restrictions keep us safe.</p>
<p>Year 1 Vocabulary</p>	<p>Private parts, clean, similar, different, family, boy, girl, male, female</p>		
<p>Year 2</p>	<p>To show a greater understanding of the school rules and values in discussions.</p> <p>To understand ways to make friends.</p> <p>To understand what to do if they are feeling lonely and how to get help.</p> <p>To recognise behaviour that is hurtful.</p> <p>Recognise what is similar and different about ourselves.</p> <p>To understand what a secret is; when it is ok to keep or when it is necessary to share.</p> <p>Working and playing co-operatively.</p>	<p>To understand what it means to belong to a group.</p> <p>What are your roles and responsibilities?</p> <p>To know how we use the internet in everyday life.</p> <p>To understand what money is and how to look after it.</p>	<p>To understand why sleep is important.</p> <p>Keeping healthy; teeth and medicines including safety.</p> <p>To learn ways of managing your feelings and when to ask for help.</p> <p>Growing older; life stages. Including naming body parts.</p> <p>How to keep safe in different environments; keeping safe at home.</p> <p>Learning what to do in an emergency.</p> <p>Moving on to a new class.</p>
<p>Year 2 Vocabulary</p>	<p>Private parts, penis, vagina, similar, different, gender roles, stereotypes, boy, girl, female, male</p>		