

PSHE Pathway



	Autumn	Spring	Summer
Our Values: positivity courage perseverance love nurture Our Rules: be kind, be positive, be polite			
Themes	Relationships	Living in the Wider World	Health and Well-Being
Heartsmart	Get Heartsmart (Meet Boris) Don't forget to let love in (I am special)	Too much selfie, isn't healthy (I love others) Don't rub it in, rub it out (I am a good friend)	Fake is a mistake (I tell the truth) No way through isn't true (I can do it!)
Enrichment weeks and visits	World kindness day 13.11.21 Anti-bullying week 14.11.21 Road safety week 22.11.21 NSPCC Pants are Private Assembly Fire Safety Talk –Year 2	Internet safety day 8.2.21 Aspirations Week 21.3.22 Nurse visit- hand washing	Healthy Living 4.7.21 Feeling Good 11.7.21 First aid training – Year 2 Dentist visit
Nursery	To begin to understand school rules and values. To begin to make friends Play with one or more other children, extending and elaborating play ideas. Show more confidence in new social situations Begin to make sense of their own life-story and family's history.	Develop their sense of responsibility and membership of a community. Begin to understand how others might be feeling. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. Understand the key features of the life cycle of a plant and an animal. Begin to understand the need to respect and care for the natural environment and all living things.	To become more outgoing with unfamiliar people, in the safe context of their setting. To be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips. To begin to show an awareness of hygiene practices. To begin to understand how they can stay healthy by make healthy choices about food, drink, activity and tooth brushing.

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		To begin to understand how to stay safe online.	
Reception	<p>To understand the school rules and values.</p> <p>To develop a positive sense of themselves and others.</p> <p>To form positive relationships and develop respect for others.</p> <p>To develop social skills and learn how to manage their feelings.</p> <p>To understand appropriate behaviour in groups.</p> <p>To have confidence in their own abilities.</p>	<p>To make sense of their physical world.</p> <p>To make sense of their community.</p> <p>To use opportunities to observe and explore.</p> <p>To find out about people, places, technology and the environment.</p> <p>To begin to understand how to stay safe online.</p> <p>Talk about the lives of the people around them and their roles in society.</p>	<p>To work and play cooperatively and take turns with others.</p> <p>To form positive attachments to adults and friendships with peers;</p> <p>To show sensitivity to their own and to others' needs.</p> <p>To begin to show an awareness of hygiene practices.</p> <p>To manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p>
EYFS RSE Vocabulary	Private parts, dress, undress, clean, dirty, towel, hands, toothpaste, hairbrush, comb, family, mum, dad, brother, sister, grandma, granddad, stepmum, stepdad		
Year 1	<p>To understand and follow the school rules and values.</p> <p>To understand the roles of different people and that there are different types of families.</p> <p>To understand they should feel cared for and care for others.</p> <p>To understand what privacy is and to seek permission for things.</p>	<p>To understand what rules are and why we follow them.</p> <p>To know how to care for others and support their needs.</p> <p>To know how and why we care for the environment.</p> <p>To know how to use online services to communicate and do this safely.</p> <p>What are your strengths and interests?</p>	<p>To know how to keep healthy based on food and exercise.</p> <p>To understand some hygiene routines including sun safety.</p> <p>To recognise what makes them unique and special.</p> <p>To learn how to manage their emotions when things go wrong.</p>

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	To understand that their behaviour affects others and how to be polite and respectful.	Does this link to any jobs in your local community? What jobs are available?	To learn ways of keeping safe online. To understand how rules and age restrictions keep us safe.
Year 1 Vocabulary	Private parts, clean, similar, different, family, boy, girl, male, female		
Year 2	<p>To show a greater understand of the school rules and values in discussions.</p> <p>To understand ways to make friends.</p> <p>To understand what to do if they are feeling lonely and how to get help.</p> <p>To recognise behaviour that is hurtful.</p> <p>Recognise what is similar and different about ourselves.</p> <p>To understand what a secret is; when it is ok to keep or when it is necessary to share.</p> <p>Working and playing co-operatively.</p>	<p>To understand what it means to belong to a group.</p> <p>What are your roles and responsibilities?</p> <p>To know how we use the internet in everyday life.</p> <p>To understand what money is and how to look after it.</p>	<p>To understand why sleep is important.</p> <p>Keeping healthy; teeth and medicines including safety.</p> <p>To learn ways of managing your feelings and when to ask for help.</p> <p>Growing older; life stages. Including naming body parts.</p> <p>How to keep safe in different environments; keeping safe at home.</p> <p>Learning what to do in an emergency.</p> <p>Moving on to a new class.</p>
Year 2 Vocabulary	Private parts, penis, vagina, similar, different, gender roles, stereotypes, boy, girl, female, male		