



Starting School



Things to do to support your child starting school;

- Work on recognising their own name
- Singing nursery rhymes
- Practice using a knife and fork independently
- Practice pour themselves a drink
- Practice using the toilet independently
- Develop their fine motor skills (ideas included in this pack)
 - Work on putting a coat on
 - Work on doing up a zip or buttons





Developing

Fine motor skills



Things you can do to support the development of fine motor:

- Play dough (Dough disco cards in pack)
- Puzzles
- Drawing, painting and colouring in
- Using large chinks outside on a pavement or patio
- Stacking and building with lego
- Threading and lacing
- Cutting and snipping with scissors
- Pushing pipe cleaners through holes in a cardboard box
- Looking at books and turning pages independently
- Wrapping or unwrapping elastic bands around a plastic animal toy
- Picking up coins off a flat surface and slotting them into a money box

